

HEALTH AND WELLNESS COMMITTEE

School Details

School Name: Shanti Asiatic School, Jaipur

School Code: 11042

Session: 2026 – 2027

Office Note

In order to promote the physical, mental, emotional and social well-being of students and staff, and to ensure a healthy, safe and supportive school environment, the following Health and Wellness Committee is constituted for the current academic session.

The committee will oversee health and wellness initiatives, promote healthy habits, support mental and emotional well-being, and coordinate necessary preventive and awareness measures across the school.

Members of the Health and Wellness Committee

Director	Ms. Priya Jain	<i>Priya Jain</i>
Principal	Mr. Michael D'Souza	<i>Michael D'Souza</i>
School Counsellor	Ms. Kanika Khanna	<i>Kanika Khanna</i>
Incharge (Pre-Primary Wing)	Ms. Ankita Hirawat	<i>Ankita Hirawat</i>
Incharge (Primary Wing)	Ms. Riju Shrivastava	<i>Riju Shrivastava</i>
Incharge (Senior Wing)	Ms. Aanchal Shukla	<i>Aanchal Shukla</i>
School Nurse	Ms. Pinkesh Kumari	<i>Pinkesh Kumari</i>

Scope of Work

- To promote physical, mental, emotional and social well-being among students and staff.
- To organize health awareness programmes, wellness activities and preventive health initiatives.
- To encourage healthy eating habits, personal hygiene, physical activity and a balanced lifestyle.
- To support students' mental and emotional well-being and facilitate counselling wherever required.
- To coordinate health check-ups, first-aid awareness and other school health-related activities.
- To identify and address health and wellness concerns in coordination with parents, teachers and relevant professionals.
- To maintain appropriate records of health and wellness initiatives conducted by the school.
- To work in accordance with school policies and applicable guidelines issued by CBSE and relevant authorities.



Shanti Asiatic School, Jaipur

Plot No.1, Suncity Township,

Sikar Road, Jaipur - 302013

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Tenure

The Health and Wellness Committee shall remain effective for the academic session 2026 – 2027 or until modified by the school management.

Meeting Record

Date: 07/04 / 2026

Venue: School Campus

Brief Proceedings:

The committee discussed discipline-related observations across different wings of the school and agreed upon measures to maintain a positive and disciplined school environment.

Principal's Signature: _____

School Seal


PRINCIPAL
SHANTI ASIATIC SCHOOL
JAIPUR - 302013
Affi. No.: 1730695

